

Have a
healthy baby.
Be an
alcohol-free
mother-to-be.



It's the Same for Every
Pregnant Woman Everywhere.



DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
www.samhsa.gov

Drinking alcohol leads to the same risk for every unborn baby.

You could be rich or poor. It doesn't matter where you come from.

You still take the same risk if you drink alcohol during pregnancy. Alcohol passes through the bloodstream and hurts as many as 1 in every 100 babies born each year.

It's the same for every baby hurt by alcohol. He or she can have lifelong problems. It's the same for every mother-to-be. Prevention is the only cure.

**For information call:
Information Resource Center
(866) STOP-FAS**

Prototype

